

# Rocky Point Acupuncture

## Patient Intake Form

### PATIENT INFORMATION

Date \_\_\_\_\_  
Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_ Postal Code \_\_\_\_\_  
Age \_\_\_\_\_ Birthdate \_\_\_\_\_  
Occupation \_\_\_\_\_  
How did you hear about us \_\_\_\_\_

### CONTACT INFORMATION

Home phone \_\_\_\_\_  
Work phone \_\_\_\_\_  
Other/cell phone \_\_\_\_\_  
Email \_\_\_\_\_  
Care Card Number \_\_\_\_\_  
Primary physician \_\_\_\_\_  
Physician phone number \_\_\_\_\_

### HEALTH HISTORY

What are your primary concerns for coming in for treatment?

1- \_\_\_\_\_  
2- \_\_\_\_\_  
3- \_\_\_\_\_

How is your sleep? \_\_\_\_\_  
\_\_\_\_\_

List any Allergies (drugs, foods, etc.) \_\_\_\_\_  
\_\_\_\_\_

List medications or food supplements you are taking.  
\_\_\_\_\_  
\_\_\_\_\_

List serious illnesses, accidents or surgeries.  
\_\_\_\_\_  
\_\_\_\_\_

Check illnesses that have occurred in blood relatives.

- Diabetes    High Blood Pressure    Stroke  
 Cancer    Heart Disease    Kidney Disease

*Check symptoms you have or have had in the last year:*

- Depression
- Difficulty in focusing
- Dizziness
- Easily startled
- Excessive worry
- Excessive anger
- Excessive fear
- Fatigue/tiredness
- Headaches
- Loss of sleep/poor sleep
- Loss or gain of weight
- Nervousness/irritability
- Overwhelmed by life

*Check conditions you have or have had in the past:*

- AIDS
- Allergies
- Anemia
- Arthritis
- Bleeding disorders
- Breast lump
- Cancer
- Diabetes
- Hepatitis
- High/Low Blood pressure

How long has it been since you have had a complete medical exam?  
\_\_\_\_\_

*Please see other side*

## HEALTH HISTORY...CONTINUED

Check symptoms you have or have had in the last year:

### MUSCLE/JOINT/BONES

- Tremors or Cramps
- Swollen joints

*Pain, weakness, numbness in:*

- Arms or Hips
- Back Legs
- Feet
- Neck
- Hands
- Shoulders
- Other \_\_\_\_\_

### EYES/EAR/NOSE/THROAT/RESPIRATORY

- Asthma/wheezing
- Blurred or failing vision
- Difficulty breathing
- Earache
- Enlarged glands
- Eye pain
- Frequent colds
- Hay fever
- Hoarseness
- Gum trouble
- Nose bleeds
- Loss of hearing
- Persistent cough
- Ringing in ears
- Sinus problems

### SKIN

- Boils
- Bruise easily
- Dry skin
- Itching/rash
- Sensitive skin
- Sore won't heal
- Sweats \_\_\_ night \_\_\_ daytime

### GENTO/URINARY

- Blood/pus in urine
- Frequent urination
- Inability to control urine
- Kidney infection/stones
- Lowered libido

### GASTROINTESTINAL

- Belching, gas or bloating
- Colon trouble
- Constipation
- Diarrhea
- Difficulty swallowing
- Distention of abdomen
- Excessive hunger
- Gall bladder trouble
- Hemorrhoids (piles)
- Indigestion
- Nausea
- Pain over stomach
- Poor appetite
- Vomiting

### FOR MEN ONLY

- Erection difficulties
- Penis discharge
- Prostate trouble

### FOR WOMEN ONLY

- Bleeding between periods
  - Clots in menses
  - Excessive menstrual flow
  - Extreme menstrual pain
  - Irregular cycle
  - Menopausal symptoms
  - PMS
  - Previous miscarriage
  - Scanty menstrual flow
- Could you be pregnant? \_\_\_\_\_

### CARDIOVASCULAR

- Chest pain
- Hardening of arteries
- High or low blood pressure
- Pain over heart
- Poor circulation
- Previous heart attack
- Rapid/irregular heart beat
- Swelling of ankles

*I Verify that the above information is correct to the best of my knowledge and hereby give my full consent for the treatments required. I will not hold this clinic liable for any claims and hereby declare my understanding of the above. I also understand that my personal and medical information is confidential and will only be disclosed to third parties with my permission.*

*Signature* \_\_\_\_\_

*Date* \_\_\_\_\_